Ciara Lancaster, Reimagine Change

Change Fatigue & Resilience Expert

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**CIARA LANCASTER**

**SHORT BIOGRAPHY**

Australia's female keynote speaker and bestselling author dedicated to helping you transform your team from change fatigued to re-energised.

Ciara Lancaster's thought-provoking, keynote speaking content explores the connections between resilience building, change management and self-leadership success strategies.

Human skills are THE competitive advantage in the decade of disruption, the post-pandemic world and the future of work.

Ciara Lancaster, a former Change Manager at Deloitte Australia, combines stories, science and simple strategies from the stage to inspire a future-ready mindset reset.

Most importantly, in a world dominated by celebrity, Ciara brings authenticity, vulnerability and relatedness that the audience comments on time and time again.

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**CIARA LANCASTER**

**LONG BIOGRAPHY**

Australia’s female speaker and bestselling author dedicated to helping you transform your team from change fatigued to re-energised.

Finally, a keynote speaker with real-world business experience, resilience AND stage presence.

Ciara Lancaster, a former Change Manager at Deloitte Australia, has led teams of 500+ through change management, business transformation and digital innovation efforts. Add to that, that she literally went on to write THE book on the topic.

During the peak of the pandemic, 'Reimagine Change' became a #1 best-seller in Organisational Behaviour and Stress Management. You will frequently see Ciara Lancaster's thought leadership in the media. The Financial Review, Sky News, In The Black, Women's Agenda and CEOWorld Magazine to name a few.

Keynote speaker, Ciara Lancaster, is also an alumna of Sydney University, University of New South Wales, Stanford University and The Mind Academy in the domains of Psychology, Economics, Organisational Change Management, Compassion Cultivation and Modern Psychology. Most importantly, in a world dominated by celebrity, Ciara brings authenticity, vulnerability and relatedness that the audience comments on time and time again.

Ciara Lancaster knows that in the business world inspiration isn't enough. It's all about impact. For this reason, audience members will learn at least three action steps, as shared from the stage.

Many leaders also gift their team copies of the book as a valuable post-event resource to embed the learnings. If this is resonating with you and you are ready to transform your team from fatigued to re-energised, then connect with Ciara Lancaster today.

Personal transformation is a powerful precursor to business transformation. Let's do this!

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**BIOGRAPHY BULLET POINTS**

+ Australia’s leading Change Fatigue & Resilience Expert

+ Ex-Change Lead for teams of 500+ Deloitte Australia

+ Keynote Speaker for Australian & International Conferences

+ Speaker at the highly prestigious MDRT Global Conference

+ Best-Selling Author of awarded book ‘Reimagine Change’

+ Thought-Leader in the AFR, Sky News, Women’s Agenda

+ Alumna Sydney University, UNSW, Stanford, Mind Academy

+ Psychology, Change Leadership, NLP and Compassion Cultivation

+ Topics: Change Resilience, People + Culture and High Performance